

Plan of action use Mywellness Cloud

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Step by step how to use Mywellness Cloud

Starting Monday March 5, 2018 we will be using our new system; Mywellness Cloud. This this step by step how to... describes how to use the new system.

1. E-mail -> create an account

An email has been send to all the members of Bewegingscentrum Leeuwarden. In this email you will find an invitation to sign up for Mywellness Cloud and will describe, with the help of a link, how to activate your personal Mywellness account. This personal account is required for use of the Mywellness Cloud.

You need to use the same email address as when you first signed up for your membership with Bewegingscentrum Leeuwarden. Not sure what email address you used? At the front office we are more than happy to check this for you.

2. You did not receive an email?

Does the above information not look familiar to you or you didn't receive an email, use link below to activate your account:

<https://www.mywellness.com/thecrunch/User/Register>

You need to use the same email address as when you first signed up for your membership with Bewegingscentrum Leeuwarden. Not sure what email address you used? At the front office we are more than happy to check this for you.

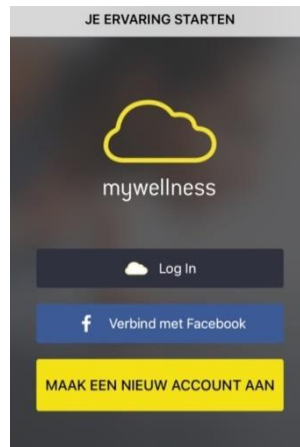
3. Download App

As soon as your account is activated , you can download the Mywellness-app

- Go to the App store on your mobile phone, and look for Mywellness and download the app.



- Open the app and login with your personal login information



- Once login. Make a choice from which options you wish to receive a notification:
 - Option 1: Location access
Choose “also allow to link with Bewegingscentrum Leeuwarden” (this is mandatory to make use of the functionalities of the app Bewegingscentrum Leeuwarden).
 - Option 2: Tracking lifestyle
Check this option if you like to track and monitor your personal activities outside Bewegingscentrum Leeuwarden.
 - Option 3: Notifications
Check this option if you would like to receive notifications of for example your results. If you participate in group lessons, we suggest you check this option! For more information you can read the step by step on how to book group lessons.



You did it! You are in the main menu of the Mywellness app. For any instructions on to how to use this app? Ask the BCL-Team, we are more than happy to help you with any questions you may have.